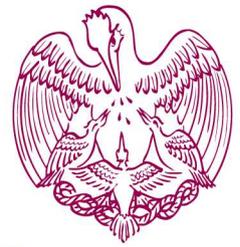


MGR/SRC

December 2019



Sawston
Village College

Principal: Mr J P Russell

Dear Parent/Guardian

In December 2016 and June 2018, Sawston Village College, together with several other schools, participated in a short wellbeing survey. As part of ongoing work in relation to wellbeing and mental health, we have decided to repeat this survey at the start of the spring term. The survey method that we are using remains the same, is a valid and reliable method for assessing emotional wellbeing and has been in use now for over 10 years. We find the content of the questionnaire acceptable; it has been customised to suit our local setting and should take pupils no more than 15 minutes to complete. A copy of the questionnaire is available for you to read in our school reception.

The survey data collated in schools has been used in a variety of ways to support areas such as:

- a starting point for discussion in classroom activities;
- a guide in the choice of resources;
- a beginning for further enquiry to strengthen existing programmes, e.g. PSHE;
- a starting point for discussion between parents and schools.

In addition to the above, this survey will enable us to continue to measure the impact of work we have carried out in school in relation to wellbeing in recent years, as well as to identify specific groups and areas we need to focus on when educating and offering support around wellbeing.

Pupils will be provided with a unique reference number, which they will use to complete the online survey. As a general rule, no pupil will be identified in the results and their information will remain anonymous. In exceptional circumstances it may be necessary to identify a pupil with a particularly low sense of wellbeing and who may need additional support. In this instance, the unique reference number of this particular pupil will be highlighted to us when the results are returned, so that we can identify the pupil and provide appropriate support.

I am sure you will agree that this is a worthwhile and beneficial exercise, which will continue to enable a robust approach to young people's mental health and wellbeing. We anticipate the survey being carried out by all pupils within the first three weeks of term. If you have any queries about the survey, or would like more information, please do not hesitate to contact me directly.

Yours sincerely

M Gregg

Miss M Gregg
Mental Health Lead



Artsmark
Platinum Award
Awarded by Arts
Council England